



Traders Point Shopping Center
6010 W. 86th St., Suite 118
Indianapolis, IN 46278
317-872-GRIN (4746)
www.TPDENTAL.com

AT HOME WHITENING

Traders Point Dental offers “At Home Whitening” kits as one option for teeth whitening. This whitening involves coming to our office to have custom trays made just for you. Impressions are taken during the first appointment and, within 48 hours, the trays are made and delivered to you during the second appointment.

The active ingredient in our whitening gel is 22% carbamide peroxide. The gel is inserted into the trays and the recommended wear time is 1 hour each day. There is enough gel in each kit to use for 10 applications.

You will see a gradual improvement in the shade of your teeth. The final results are achieved in approximately two weeks.

Should you encounter any sensitivity while whitening, we recommend brushing with Sensodyne toothpaste or another ADA approved toothpaste containing the desensitizing ingredient Potassium Nitrate. Your gums may also become irritated by the whitening gel. Rest assured that they will return to normal in 1-2 days. If you encounter any sensitivity or irritation, we recommend whitening 1 hour every other day instead of every day.

The wear time of 1 hour should not be exceeded and multiple sessions per day should be avoided to prevent sensitivity and gingival irritation.

The whitening trays can be re-used for future whitening applications.